

Come and Learn about the Bay Area CoDA Intergroup
All groups are encouraged to send a rep, all CoDA members are welcome
CoDA Books and other literature available
Next Meetings: 13 January, 10 February, 10 March

All in CoDA are invited to join us at the Bay Area CoDA Intergroup (BACI). We begin our meeting with short shares, then proceed together to work the 12th Step: keeping CoDA running, and striving to carry the message to all codependents who still suffer alone. The BACI normally meets on the 2nd Sunday of each month (first Sunday in November, no meeting in May), 10 a.m. (lasts upto 2 hours) at **(New Location) Kaiser Oakland Medical Center, 3600 Broadway, Oakland 94611, Lower Level, Conference Room F.**

STAY UP-TO-DATE -- get the latest meeting list at: www.sfbaycoda.net/MeetingList.pdf
 or send a self-addressed stamped envelope to:
Meeting List, 547 Mangels Avenue, San Francisco, CA 94127

Please provide updated information for this list by emailing: articulatedgrunt@yahoo.com.

CoDA services are funded by meeting contributions in excess of prudent reserves; we suggest this distribution:
 60% Bay Area CoDA Intergroup (BACI), 547 Mangels Avenue, San Francisco, CA 94127
 30% Northern California CoDA, 1800 21st Street, PMB-230, Sacramento, CA 95811-6812
 10% Co-Dependents Anonymous, Inc., P.O. Box 33577, Phoenix, AZ 85067

Bay Area CoDA website: www.sfbaycoda.net (Events, latest monthly updated meeting list available)
Bay Area CoDA Information Line / Voicemail: 415/905-6331 (to leave meeting change info, press #)
Computer Voicemail: 408/872-0733 (complete meetings list info)
For CoDA literature contact: John Y. 415/386-3091; email yavorskyjohn@yahoo.com
Para Informacion en Espanol: Paty: 408/401-1405
Northern California (Nor-Cal) CoDA: www.norcalcoda.org
World CoDA website with meeting information and more: www.coda.org
World CoDA toll free lines staffed by volunteers: English 888/444-2359, Spanish 888/444-2379

Alameda County		Meeting information: 408/872-0733		For more info, call Laura at 925/683-8612	
Sun	6:00-7:30 p.m.	Oakland	W Tr N	First Congregational Church	2501 Harrison, Angel Room, blue door from prkng lot CA0494
Mon	6:00-7:30p.m.	Oakland	Cos	Kaiser Oakland Medical Center	3600 Broadway, Lower Level, Room C CA1237
? Mon	6:00-7:15 p.m.	Oakland	W	Kaiser Medical Office Building	3701 Broadway, 2 nd floor, Physical Therapy room CA998
Mon	7:00-8:00 p.m.	Fremont	N F	Slap Face Coffee&Tea	37324 Fremont Blvd. CA1443
Mon	7:00-8:00 p.m.	Livermore		CrossWinds Church	1660 Fresiman Road. Farm Theater CA1498
*Tues	9:30-10:30 a.m.	Oakland	Ls	Kaiser CDRP (above Smart & Final)	969 Broadway, 12 th St. BART, go one block south CA1161
Tues	6:00-7:15 p.m.	Oakland		Kaiser Fabiola Building	3801 Howe St., Room G-70 CA0272
X Thur	9:30-10:30 a.m.	Oakland	S	Kaiser CDRP	380 West MacArthur Ave., Room 3 CA1102
Thur	6:00-7:15 p.m.	Oakland	M	Kaiser Fabiola Building	3801 Howe St., Room G-70 CA1298
Thurs	6:30-8:00 p.m.	San Leandro		(Spanish)First United Methodist Church	1600 Bancroft Avenue CA1216
Fri	6:00-7:15 p.m.	Oakland		Kaiser Fabiola Building	3801 Howe St., Room G-70 CA0754
Sat	9:30-10:45 a.m.	Oakland	W S	Kaiser Fabiola Building	3801 Howe St., Room G-70 CA1476

Contra Costa County		Meeting information: 408/872-0733		For more info, call Laura at 925/683-8612	
Sun	8:00-9:30 a.m.	Walnut Creek	S N	John Muir Medical Center	1601 Ygnacio Valley Rd., Ball Auditorium CA0911
Mon	5:30-6:30 p.m.	Walnut Creek	WNSLs	St. Paul's Episcopal Church	1924 Trinity Ave., St. Paul's FMC Nursery CA1360
Tues	9:00-10:00 a.m.	Walnut Creek	W S N	Hillside Covenant Church	2060 Magnolia Way (off Newell) CA0893
Wed	7:00-8:30 p.m.	Walnut Creek	N	Kaiser Office Bldg., Room 3C	710 S. Broadway (next to Safeway) CA0185
Wed	7:00-8:00 p.m.	El Sobrante		Hope Lutheran Church	2830 May Road CA1005
Fri	9:30-10:45 a.m.	Walnut Creek	W S F	Hillside Covenant Church	2060 Magnolia Way (off Newell) CA1173
Fri	6:30-8:00 p.m.	Concord		John Muir Behavioral Health	2740 Grant St., Classroom B (Suite 2) CA0199

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Marin County			Meeting information: 408/872-0733		For more info, call Teri: 415-531-3019	
Sun	6:00-7:00 p.m.	Corte Madera	W C F	Holy Innocents Episcopal Church	2 Tamalpais Drive (in the Library)	CA1437
Tues	6:00-7:00 p.m.	Mill Valley	Ls	Strawberry Recreation Center	118 E. Strawberry Dr., 3 rd floor Loft, park on Ricardo	CA1472
*Wed	8:00-9:00 a.m.	Larkspur		Redwoods Presbyterian Church	110 Magnolia Ave, downstairs in Conference Room	CA380
Thur	7:15-8:15 p.m.	San Rafael		First Presbyterian Church	1510 5 th Avenue, enter from stairs on Mission Avenue)	CA1313
Sat	10:00-11:00 a.m.	Larkspur	S	Redwoods Presbyterian Church	110 Magnolia Ave., downstairs in Conference Room	CA1371

San Francisco County			Meeting information: 408/872-0733		For info/changes, call Martin: 415/469-9733	
Sun	10:00-11:30 a.m.	San Francisco	F Ls	San Francisco Gratitude Center	1320 Seventh Avenue (between Judah & Irving)	CA0698
Mon	7:30-9:00 p.m.	San Francisco	NR#	Laguna Honda Hospital (Frst Hill Muni)	375 Laguna Honda, New Pavilion, Level 1, Art Studio	CA0026
Wed	6:30-7:45 p.m.	San Francisco	F R	Dolores Park Church	65 Dorland Street	CA0692
Wed	5:45-6:45 p.m.	San Francisco	S	CPMC Mission Bernal Hospital	3555 Cesar Chavez Street, Conference Room 2910	CA1413
Fri	7:00-8:15 p.m.	San Francisco	LGBT	Castro Country Club (fragrance-free)	4058 18 th Street (All orientations are welcome)	CA0989
Sat	4:45-6:00 p.m.	San Francisco	F N R	Marina Dry Dock	2118 Greenwich (at Fillmore)	CA1008
! Wkend	By arrangement	San Francisco		Ocean Beach bonfire	http://health.groups.yahoo.com/group/coda_bonfire	*****

San Mateo County			Meeting info: 408/872-0733			
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For individual meeting informatioin visit: www.sbcode.org

Santa Clara County			Meeting info: 408/872-0733		For changes, Barbara: bobbiesmail1982@gmail.com	
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For individual meeting informatioin visit: www.sbcode.org

Santa Cruz & Monterey Counties			Meeting info: (Santa Cruz) 831/469-6096 (Monterey) Bob W. 831-224-5411			
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Mon	6:00-6:50 p.m.	Santa Cruz	HI Wc	Westside Chapel	707 Fair Avenue	CA0992
Mon	6:00-7:30 p.m.	Santa Cruz	W Sp	County Medical Clinic	1080 Emeline St., Bldg., D - Basement (Sm. Auditorium)	CA0073
Wed	7:00-8:30 p.m.	Santa Cruz		County Complex, Building F	1060 Emeline St., Solarium (enter from downhill side)	CA0024
Thur	5:30-6:30 p.m.	Watsonville		Lutheran Community Church	95 Alta Vista Avenue, Adam Dan Hall (in back)	CA1387
Thur	7:30-8:30 p.m.	Monterey	W R F	St. James Episcopal Church	381 High St., McGowan House, High St. entr., upstairs	CA1388
Sat	8:00-9:30 p.m.	Santa Cruz	S	Seabright State Beach (June -Aug. only)	From end of 3rd Ave. walk down steps, near windsock	CA1117

Solano & Napa Counties			Meeting info: 408/872-0733		Kay O. 707-253-8731	
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Mon	6:00-7:30 p.m.	Vacaville	Ls	Unity of the Valley Spiritual Center	350 N. Orchard Avenue	CA1433
Mon	7:00-8:30 p.m.	Vallejo	S Wc	Kaiser Broadway Clinic	1761 Broadway, Room 6	CA1062
Tues	6:00-7:00 p.m.	Benicia		Southern Solano Alano Club	960 Grant St., Suite B	CA1484
Wed	7:00-8:15 p.m.	Vallejo		Kaiser C.D.R.P. Building	800 Sereno Drive, First Floor, Room J	CA1265
Thur	5:30-6:30 p.m.	Vacaville		Kaiser Medical Office Building	1 Quality Drive, Conference Room 1	CA1359
Thur	7:30-9:00 p.m.	Napa	S Sp T	Napa County HHS Complex	2751 Napa Valley Corporate Dr., Oak Conference Rm.	CA0898

Sonoma County			Meeting info: 408/872-0733		For more info, call Anna 707-360-8170	
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Sun	6:00-7:00 p.m.	Santa Rosa	F P	Church of the Roses	2500 Patio Court (fragrance-free!, no kids under 13)	CA1507
Sun	-----	-----	-----	-----	-----	CA0080
Mon	9:15-10:00 a.m.	Sonoma	Sp T	Vintage House	264 First Street East (no meeting here on holidays)	CA1251
Mon	6:30-8:00 p.m.	Sebastopol	W F	Community Church of Sebastopol	1000 Gravenstein Highway North (Highway 116)	CA1044
Mon	7:00-8:30 p.m.	Petaluma	S	Elim Lutheran Church	504 Baker St.(cr. Western Ave.), main church, upstairs	CA1481
Tues	7:30-8:45 p.m.	Petaluma.	R	Elim Lutheran Church	504 Baker St.(cross Western Ave.), in the main church	CA0459
Wed	7:00-8:30 p.m.	Santa Rosa	R	Universalist Unitarian Congregation	547 Mendocino Ave., Room 2 at rear (Meadow rm.)	CA0404
Fri	6:30-8:00 p.m.	Sebastopol	W S	Community Church of Sebastopol	1000 Gravenstein Highway N. (Highway 116), Rm. 4	CA1274 X
Sat	10:30 a.m.-Noon	Santa Rosa		ReStyle Marketplace	1001 W. College Avenue, ArtStyle room	CA0753

Meetings in nearby counties						
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Wed	7:15-8:30 p.m.	Modesto		McHenry Village Health Conf. Center	1700 McHenry Avenue (info call Michael 209/575-4596)	CA0941
Thur	6:30-8:00 p.m.	Hidden Valley Lake	S	HVLCommunity Service District	19400 Hartmann Road	CA1493

C=Clean&Sober Cos=Cosponsorship focus F=Fragrance-free G=Gay HI=Hospitals & Institutions L=Lesbian LGBT= Lesbian,Gay,Bisexual,Transgender Ls=Literature Study M=Men's N=format explicitly accommodates newcomers P=no pets except licensed service dogs R=rotating format S=Step Study Sp=Speaker T=Topic Discussion Tr=Transgender included W=Women's Wc=Wheelchair #=focus on sponsorship. Unless otherwise indicated, all meetings welcome Newcomers
All meetings are presumed to be Non-Smoking.

"+" = addition "X" = change/correction "!" = not weekly "*" = attendance low

"??" = active status in question, please email articulatedgrunt@yahoo.com with up-to-date information