Co-Dependents Anonymous (CoDA) Meetings

Bay Area CoDA Intergroup Fall Conference
Saturday 10 November 2018, 9am/8am registration
Kaiser Oakland Medical Center
3600 Broadway, Lower Level
Next Meetings: 14 October, 4 November, 9 December

All in CoDA are invited to join us at the Bay Area CoDA Intergroup (BACI). We begin our meeting with short shares, then proceed together to work the 12th Step: keeping CoDA running, and striving to carry the message to all codependents who still suffer alone. The BACI normally meets on the 2nd Sunday of each month (first Sunday in November, no meeting in May), 10 a.m. (lasts upto 2 hours) at (New Location) Kaiser Oakland Medical Center, 3600 Broadway, Oakland 94611, Lower Level, Conference Room F.

STAY UP-TO-DATE -- get the latest meeting list at: www.sfbaycoda.net/MeetingList.pdf
or send a self-addressed stamped envelope to:
Meeting List, 547 Mangels Avenue, San Francisco, CA 94127

Please provide updated information for this list by emailing: articulatedgrunt@yahoo.com.

CoDA services are funded by meeting contributions in excess of prudent reserves; we suggest this distribution:
60% Bay Area CoDA Intergroup (BACI), 547 Mangels Avenue, San Francisco, CA 94127
30% Northern California CoDA, 1800 21st Street, PMB-230, Sacramento, CA 95811-6812
10% Co-Dependents Anonymous, Inc., P.O. Box 33577, Phoenix, AZ 85067

Bay Area CoDA website: www.sfbaycoda.net (Events, latest monthly updated meeting list available)
Bay Area CoDA Information Line / Voicemail: 415/905-6331 (to leave meeting change info, press #)
Computer Voicemail: 408/872-0733 (complete meetings list info)
For CoDA literature contact: John Y. 415/386-3091; email yavorskyjohn@yahoo.com
Para Informacion en Espanol: Paty: 408/401-1405
Northern California (Nor-Cal) CoDA: www.norcalcoda.org
World CoDA website with meeting information and more: www.coda.org

Alameda County
Meeting information: 408/872-0733  For more info, call Laura at 925/683-8612

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<tr>
<th>Day</th>
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<th>Location</th>
<th>Meeting Information</th>
<th>Address</th>
<th>CA Code</th>
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<tbody>
<tr>
<td>Sun</td>
<td>6:00-7:30 p.m.</td>
<td>Oakland NW</td>
<td>W Tr N First Congregational Church</td>
<td>2501 Harrison, Angel Room, blue door from prkng lot</td>
<td>CA0494</td>
</tr>
<tr>
<td>Mon</td>
<td>6:00-7:30 p.m.</td>
<td>Oakland CS</td>
<td>Kaiser Oakland Medical Center</td>
<td>3600 Broadway, Lower Level, Room C</td>
<td>CA1237</td>
</tr>
<tr>
<td>? Mon</td>
<td>6:00-7:15 p.m.</td>
<td>Oakland W</td>
<td>Kaiser Medical Office Building</td>
<td>3701 Broadway, 2nd floor, Physical Therapy room</td>
<td>CA998</td>
</tr>
<tr>
<td>Mon</td>
<td>7:00-8:00 p.m.</td>
<td>Fremont NF</td>
<td>Slap Face Coffee &amp; Tea</td>
<td>37324 Fremont Blvd.</td>
<td>CA1443</td>
</tr>
<tr>
<td>Mon</td>
<td>7:00-8:00 p.m.</td>
<td>Livermore</td>
<td>CrossWinds Church</td>
<td>1660 Fresman Road, Farm Theater</td>
<td>CA1498</td>
</tr>
<tr>
<td>* Tues</td>
<td>9:30-10:30 a.m.</td>
<td>Oakland LS</td>
<td>Kaiser CDRP (above Smart &amp; Final)</td>
<td>969 Broadway, 12th St. BART, go one block south</td>
<td>CA1161</td>
</tr>
<tr>
<td>Tues</td>
<td>6:00-7:15 p.m.</td>
<td>Oakland S</td>
<td>Kaiser Fabiola Building</td>
<td>3801 Howe St., Room G-70</td>
<td>CA0272</td>
</tr>
<tr>
<td>Thur</td>
<td>9:30-10:30 a.m.</td>
<td>Oakland M</td>
<td>Kaiser CDRP (above Smart &amp; Final)</td>
<td>3801 Howe St., Room G-70</td>
<td>CA1102</td>
</tr>
<tr>
<td>Thur</td>
<td>6:00-7:15 p.m.</td>
<td>Oakland M</td>
<td>Kaiser Fabiola Building</td>
<td>3801 Howe St., Room G-70</td>
<td>CA1298</td>
</tr>
<tr>
<td>Thurs</td>
<td>6:30-8:00 p.m.</td>
<td>San Leandro (Spanish)</td>
<td>First United Methodist Church</td>
<td>1600 Bancroft Avenue</td>
<td>CA1216</td>
</tr>
<tr>
<td>Fri</td>
<td>6:00-7:15 p.m.</td>
<td>Oakland</td>
<td>Kaiser Fabiola Building</td>
<td>3801 Howe St., Room G-70</td>
<td>CA0754</td>
</tr>
<tr>
<td>Sat</td>
<td>9:30-10:45 a.m.</td>
<td>Oakland WS</td>
<td>Kaiser Fabiola Building</td>
<td>3801 Howe St., Room G-70</td>
<td>CA1476</td>
</tr>
</tbody>
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Contra Costa County
Meeting information: 408/872-0733  For more info, call Laura at 925/683-8612

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<tr>
<td>Sun</td>
<td>8:00-9:30 a.m.</td>
<td>Walnut Creek SN</td>
<td>John Muir Medical Center</td>
<td>1601 Ygnacio Valley Rd., Ball Auditorium</td>
<td>CA0911</td>
</tr>
<tr>
<td>Mon</td>
<td>5:30-6:30 p.m.</td>
<td>Walnut Creek WN</td>
<td>St. Paul's Episcopal Church</td>
<td>1924 Trinity Ave., St. Paul's FMC Nursery</td>
<td>CA1360</td>
</tr>
<tr>
<td>Tues</td>
<td>9:00-10:00 a.m.</td>
<td>Walnut Creek WSN</td>
<td>Hillside Covenant Church</td>
<td>2060 Magnolia Way (off Newell)</td>
<td>CA0893</td>
</tr>
<tr>
<td>Wed</td>
<td>7:00-8:30 p.m.</td>
<td>Walnut Creek N</td>
<td>Kaiser Office Bldg., Room 3C</td>
<td>710 S. Broadway (next to Safeway)</td>
<td>CA0185</td>
</tr>
<tr>
<td>Wed</td>
<td>7:00-8:00 p.m.</td>
<td>El Sobrante</td>
<td>Hope Lutheran Church</td>
<td>2830 May Road</td>
<td>CA1005</td>
</tr>
<tr>
<td>Fri</td>
<td>9:30-10:45 a.m.</td>
<td>Walnut Creek WSF</td>
<td>Hillside Covenant Church</td>
<td>2060 Magnolia Way (off Newell)</td>
<td>CA1173</td>
</tr>
<tr>
<td>Fri</td>
<td>6:30-8:00 p.m.</td>
<td>Concord</td>
<td>John Muir Behavioral Health</td>
<td>2740 Grant St., Classroom B (Suite 2)</td>
<td>CA0199</td>
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</tbody>
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Marin County

Meeting information:  408/872-0733
For more info, call Teri: 415-531-3019

Sun 6:00-7:00 p.m.  Corte Madera  W C F  Holy Innocents Episcopal Church 2 Tamalpais Drive (in the Library)  CA1437
Tues 6:00-7:00 p.m.  Mill Valley  Ls  Strawberry Recreation Center 118 E. Strawberry Dr., 3rd floor Loft, park on Ricardo  CA1472
*Wed 8:00-9:00 a.m.  Larkspur  R  Redwoods Presbyterian Church 110 Magnolia Ave, downstairs in Conference Room  CA380
Thur 7:15-8:15 p.m.  San Rafael  S  First Presbyterian Church 1510 5th Avenue, enter from stairs on Mission Avenue  CA1313
Sat 10:00-11:00 a.m.  Larkspur  S  Redwoods Presbyterian Church 110 Magnolia Ave., downstairs in Conference Room  CA1371

San Francisco County

Meeting information:  408/872-0733
For info/changes, call Martin: 415/469-9733

Sun 10:00-11:30 a.m.  San Francisco  FLs  San Francisco Gratitude Center 1320 Seventh Avenue (between Judah & Irving)  CA0698
Mon 7:30-9:00 p.m.  San Francisco  NR#  Laguna Honda Hospital (First Hl Muni) 375 Laguna Honda, New Pavilion, Level 1, Art Studio  CA0026
Wed 6:30-7:45 p.m.  San Francisco  FR  Dolores Park Church 65 Dorland Street  CA6092
Wed 5:45-6:45 p.m.  San Francisco  S  CPMC Mission Bernal Hospital 3555 Cesar Chavez Street, Conference Room 2910  CA1413
Fri 7:00-7:15 p.m.  San Francisco  LGBT  Castro Country Club (fragrance-free) 4058 18th Street (All orientations are welcome)  CA0989
Sat 4:45-6:00 p.m.  San Francisco  Fn R  Marina Dry Dock 2118 Greenwich (at Fillmore)  CA1008
! Wknd  By arrangement  San Francisco  Ocean Beach bonfire  http://health.groups.yahoo.com/group/coda_bonfire ****

San Mateo County

Meeting info:  408/872-0733

For individual meeting information visit:  www.sbcoda.org

Santa Clara County

Meeting info:  408/872-0733
For changes, Barbara:  bobbiesmail1982@gmail.com

For individual meeting information visit:  www.sbcoda.org

Santa Cruz & Monterey Counties

Meeting info:  (Santa Cruz) 831/469-6096  (Monterey) Bob W.  831-224-5411

Mon 6:00-6:50 p.m.  Santa Cruz  Hl Wc  Westside Chapel 707 Fair Avenue  CA0992
Mon 6:00-7:30 p.m.  Santa Cruz  W Sp  County Medical Clinic 1080 Emeline St., Bldg., D - Basement (Sm. Auditorium)  CA0073
Wed 7:00-8:30 p.m.  Santa Cruz  Wp  County Complex, Building F 1060 Emeline St., Solarium (enter from downhill side)  CA0024
Thur 5:30-6:30 p.m.  Watsonville  Lutheran Community Church 95 Alta Vista Avenue, Adam Dan Hall (in back)  CA1387
Thu 7:30-8:30 p.m.  Monterey  W R  St. James Episcopal Church 381 High St., Mcgowan House, High St. enr., upstairs  CA1388
Sat 8:00-9:30 p.m.  Santa Cruz  S  Seabright State Beach (June - Aug. only) From end of 3rd Ave. walk down steps, near windsock  CA1117

Solano & Napa Counties

Meeting info:  408/872-0733

Key O. 707-253-8731

Mon 6:00-7:30 p.m.  Vacaville  Ls  Unity of the Valley Spiritual Center 350 N. Orchard Avenue  CA1433
Mon 7:00-8:30 p.m.  Vallejo  Swc  Kaiser Broadway Clinic 1761 Broadway, Room 6  CA1062
Tues 6:00-7:00 p.m.  Benicia  South Solano Alano Club 960 Grant St., Suite B  CA1484
Tues 6:00-7:15 p.m.  Vallejo  Kaiser C.D.R.P. Building 800 Sereno Drive, First Floor, Room E  CA1265
Thur 5:30-6:30 p.m.  Vacaville  Kaiser Medical Office Building 1 Quality Drive, Conference Room 1  CA1359
Thur 7:30-9:00 p.m.  Napa  Sp T  Napa County HHS Complex 2751 Napa Valley Corporate Dr., Oak Conference Rm.  CA0898

Sonoma County

Meeting info:  408/872-0733
X For more info, call Anna 707-360-8170

Sun 6:00-7:00 p.m.  Santa Rosa  F P  Church of the Roses 2500 Patio Court (fragrance-free!, no kids under 13)  CA1507
Sun 6:00-7:00 p.m.  Sonoma  F P  Church of the Roses 2500 Patio Court (fragrance-free!, no kids under 13)  CA0800
Mon 9:15-10:00 a.m.  Sonoma  Sp T  Vintage House 264 First Street East (no meeting here on holidays)  CA1251
Mon 6:30-8:00 p.m.  Sebastopol  W F  Community Church of Sebastopol 1000 Gravenstein Highway N. (Highway 116), Rm. 4  CA1274 X
Mon 7:00-8:30 p.m.  Petaluma  S  Elin Luther Church 504 Baker St.(cr. Western Ave.), main church, upstairs  CA1481
Tues 7:30-8:45 p.m.  Petaluma  R  Elin Luther Church 504 Baker St.(cross Western Ave.), in the main church  CA0459
Wed 7:00-8:30 p.m.  Santa Rosa  R  Universalist Unitarian Congregation 547 Mendocino Ave., Room 2 at rear (Meadow rm.)  CA0404
Fri 6:30-8:00 p.m.  Sebastopol  W S  Community Church of Sebastopol 1000 Gravenstein Highway N. (Highway 116), Rm. 4  CA1274 X
Sat 10:30 a.m.-Noon  Santa Rosa  ReStyle Marketplace 1001 W. College Avenue, ArtStyle room  CA0753

Meetings in nearby counties

Wed 7:15-8:30 p.m.  Modesto  S  McHenry Village Health Conf. Center 1700 McHenry Avenue (info call Michael 209/575-4596)  CA0941
+Thur 6:30-8:00 p.m.  Hidden Valley Lake  S  HVLCommunity Service District 19400 Hartmann Road  CA1493

C=Clean&Sober  Cos=Cosponsorship focus  F=Fragrance-free  G=Gay  HI=Hospitals & Institutions  L=Lesbian  LGBT=Lesbian,Gay,Bisexual,Transgender  Ls=Literature  M=Men’s  N=format explicitly accommodates newcomers  P=no pets except licensed service dogs  R=rotating format  S=Step Study  Sp=Speaker  T=Topic Discussion  Tr=Transgender included  W=Women’s  Wc=Wheelchair  #=focus on sponsorship. Unless otherwise indicated, all meetings welcome Newcomers
All meetings are presumed to be Non-Smoking.

"+" = addition  "X" = change/correction  "!!" = not weekly  "*" = attendance low
"??" = active status in question, please email articulatedgrunt@yahoo.com with up-to-date information