

Come and Learn about the Bay Area CoDA Intergroup
All groups are encouraged to send a rep, all CoDA members are welcome
CoDA Books and other literature available
Next Meetings: 11 March, 8 April, 10 June

All in CoDA are invited to join us at the Bay Area CoDA Intergroup (BACI). We begin our meeting with short shares, then proceed together to work the 12th Step: keeping CoDA running, and striving to carry the message to all codependents who still suffer alone. The BACI normally meets on the 2nd Sunday of each month (first Sunday in November, no meeting in May), 10 a.m. (lasts upto 2 hours) at **(New Location) Kaiser Oakland Medical Center, 3600 Broadway, Oakland 94611, Lower Level, Conference Room D.**

STAY UP-TO-DATE -- get the latest meeting list at: www.sfbaycoda.net/MeetingList.pdf
 or send a self-addressed stamped envelope to:
Meeting List, 547 Mangels Avenue, San Francisco, CA 94127

Please provide updated information for this list by emailing: articulatedgrunt@yahoo.com.

CoDA services are funded by meeting contributions in excess of prudent reserves; we suggest this distribution:
 60% Bay Area CoDA Intergroup (BACI), 547 Mangels Avenue, San Francisco, CA 94127
 30% Northern California CoDA, 1800 21st Street, PMB-230, Sacramento, CA 95811-6812
 10% Co-Dependents Anonymous, Inc., P.O. Box 33577, Phoenix, AZ 85067

Bay Area CoDA website: www.sfbaycoda.net (Events, latest monthly updated meeting list available)
Bay Area CoDA Information Line / Voicemail: 415/905-6331 (to leave meeting change info, press #)
Computer Voicemail: 408/872-0733 (complete meetings list info)
For CoDA literature contact: John Y. 415/386-3091; email yavorskyjohn@yahoo.com
+ Para Informacion en Espanol: Paty: 408/401-1405
Northern California (Nor-Cal) CoDA: www.norcalcoda.org
World CoDA website with meeting information and more: www.coda.org
World CoDA toll free lines staffed by volunteers: English 888/444-2359, Spanish 888/444-2379

Alameda County		Meeting information: 408/872-0733		For more info, call Laura at 925/683-8612	
Sun	6:00-7:30 p.m.	Oakland	W N R	First Congregational Church	2501 Harrison, Angel Room, blue door from parking lot CA494
Mon	6:00-7:30p.m.	Oakland	Cos	Kaiser Oakland Medical Center	3600 Broadway, Lower Level, Room C CA1237
? Mon	6:00-7:15 p.m.	Oakland	W	Kaiser Medical Office Building	3701 Broadway, 2 nd floor, Physical Therapy room CA998
Mon	7:00-8:00 p.m.	Fremont	N F	Slap Face Coffee&Tea	37324 Fremont Blvd. CA1443
+ Mon	7:00-8:00 p.m.	Livermore		CrossWinds Church	1660 Fresiman Road. Farm Theater CA1498
*Tues	9:30-10:30 a.m.	Oakland	Ls	Kaiser CDRP (above Smart & Final)	969 Broadway, 12 th St. BART, go one block south CA1161
Tues	6:00-7:15 p.m.	Oakland		Kaiser Fabiola Building	3801 Howe St., Room G-70 CA272
Thur	9:30-10:30 a.m.	Oakland	S	Kaiser CDRP (above Smart & Final)	969 Broadway, 12 th St. BART, go one block south CA1102
Thur	6:00-7:15 p.m.	Oakland	M	Kaiser Fabiola Building	3801 Howe St., Room G-70 CA1298
Thurs	6:30-8:00 p.m.	San Leandro		(Spanish)First United Methodist Church	1600 Bancroft Avenue CA1216
Fri	6:00-7:15 p.m.	Oakland		Kaiser Fabiola Building	3801 Howe St., Room G-70 CA754
Sat	9:30-10:45 a.m.	Oakland	W S	Kaiser Fabiola Building	3801 Howe St., Room G-70 CA1476

Contra Costa County		Meeting information: 408/872-0733		For more info, call Laura at 925/683-8612	
Sun	8:00-9:30 a.m.	Walnut Creek	S N	John Muir Medical Center	1601 Ygnacio Valley Rd., Ball Auditorium CA911
Mon	5:30-6:30 p.m.	Walnut Creek	WNSLs	St. Paul's Episcopal Church	1924 Trinity Ave., St. Paul's FMC Nursery CA1360
Tues	9:00-10:00 a.m.	Walnut Creek	W S N	Hillside Covenant Church	2060 Magnolia Way (off Newell) CA893
Wed	7:00-8:30 p.m.	Walnut Creek	N	Kaiser Office Bldg., Room 3C	710 S. Broadway (next to Safeway) CA185
Wed	7:00-8:00 p.m.	El Sobrante		Hope Lutheran Church	2830 May Road CA1005
Fri	9:30-10:45 a.m.	Walnut Creek	W S	Hillside Covenant Church	2060 Magnolia Way (off Newell) CA1173
Fri	6:30-8:00 p.m.	Concord		John Muir Behavioral Health	2740 Grant St., Classroom B (Suite 2) CA199

continued on back

Marin County			Meeting information: 408/872-0733		For info/changes, call Teri: 415-531-3019	
Sun	6:00-7:00 p.m.	Corte Madera	W C F	Holy Innocents Episcopal Church	2 Tamalpais Drive (in the Library)	CA1437
Tues	6:00-7:00 p.m.	Mill Valley	Ls	Strawberry Recreation Center	118 E. Strawberry Dr., 3 rd floor Loft, park on Ricardo	CA1472
*Wed	8:00-9:00 a.m.	Larkspur		Redwoods Presbyterian Church	110 Magnolia Ave, downstairs in Conference Room	CA380
X Thur	7:15-8:15 p.m.	San Rafael		First Presbyterian Church	1510 5th Avenue, enter from stairs on Mission Avenue)	CA1313
Sat	10:00-11:00 a.m.	Larkspur	S	Redwoods Presbyterian Church	110 Magnolia Ave., downstairs in Conference Room	CA1371

San Francisco County			Meeting information: 408/872-0733		For info/changes, call Martin: 415/469-9733	
Sun	10:00-11:30 a.m.	San Francisco	F Ls	San Francisco Gratitude Center	1320 Seventh Avenue (between Judah & Irving)	CA698
Mon	7:30-9:00 p.m.	San Francisco	NR#	Laguna Honda Hospital (Frst Hill Muni)	375 Laguna Honda, New Pavilion, Level 1, Art Studio	CA026
Wed	6:30-7:45 p.m.	San Francisco	F R	Dolores Park Church	65 Dorland Street	CA692
Wed	5:45-6:45 p.m.	San Francisco	S	St. Lukes Hospital	3555 Cesar Chavez Street, Conference Room 120	CA1413
Fri	7:00-8:15 p.m.	San Francisco	LGBT	Castro Country Club (fragrance-free)	4058 18 th Street (All orientations are welcome)	CA989
Sat	4:45-6:00 p.m.	San Francisco	F N R	Marina Dry Dock	2118 Greenwich (at Fillmore)	CA1008
! Wkend	By arrangement	San Francisco		Ocean Beach bonfire	http://health.groups.yahoo.com/group/coda_bonfire	*****

San Mateo County			Meeting info: 408/872-0733			
Mon	6:30-7:30 p.m.	San Bruno		Bethany Presbyterian Church	2400 Rosewood Drive, downstairs Room 3	CA1458
Mon	6:30-7:30 p.m.	San Carlos		Trinity Presbyterian Church	1106 Alameda de las Pulgas	CA1302
Tues	7:00-8:15 p.m.	Burlingame	R Wc	First Presbyterian Church	1500 Easton Drive, in the parlor (park on Balboa)	CA1014
+ Wed	6:30-8:30 p.m.	Redwood City		(Spanish) Fair Oaks Community Center	2600 Middlefield Road, Room 1	CA1495
Thur	6:30-7:30 p.m.	Redwood Shores	S	Redwood Shores Public Library	399 Marine Parkway, Conf. Room (@ Bridge Prkwy)	CA1250
Fri	6:00-7:30 p.m.	Burlingame	SSpWc	Peninsula Hospital (ground floor)	1501 Trousdale @El Camino, Medical Center, Rm. H	CA097
Sat	9:00-10:15 a.m.	Redwood City	R	Sequoia Christian Church	233 Topaz(Brewster&Alameda de las Pulgas), upstairs	CA796

Santa Clara County			Meeting info: 408/872-0733		For changes, Barbara: bobbiesmail1982@gmail.com	
For individual meeting information visit: www.sbcode.org						

Santa Cruz & Monterey Counties			Meeting info: (Santa Cruz) 831/469-6096 (Monterey) Bob W. 831-224-5411			
Mon	6:00-6:50 p.m.	Santa Cruz	HI Wc	Westside Chapel	707 Fair Avenue	CA992
Mon	7:00-8:30 p.m.	Santa Cruz	W Sp	County Medical Clinic	1080 Emeline St., Bldg., D - Basement (Sm. Auditorium)	CA073
Wed	7:00-8:30 p.m.	Santa Cruz		County Complex, Building F	1060 Emeline St., Solarium (enter from downhill side)	CA024
Thur	5:30-6:30 p.m.	Watsonville		Lutheran Community Church	95 Alta Vista Avenue, Adam Dan Hall (in back)	CA1387
Thur	-----	-----	-----	-----	-----	CA1275
Thur	7:30-8:30 p.m.	Monterey	W R F	St. James Episcopal Church	381 High St., McGowan House, High St. entr., upstairs	CA1388
Fri	-----	-----	-----	-----	-----	CA1323
Sat	8:00-9:30 p.m.	Santa Cruz	S	Seabright State Beach (June -Aug. only)	From end of 3rd Ave. walk down steps, near windsock	CA1117

Solano & Napa Counties			Meeting info: Solano/Napa County: Kay O. 707-253-8731			
Mon	6:00-7:30 p.m.	Vacaville	Ls	Unity of the Valley Spiritual Center	350 N. Orchard Avenue	CA1433
Mon	7:00-8:30 p.m.	Vallejo	S Wc	Kaiser Broadway Clinic	1761 Broadway, Room 6	CA1062
Tues	6:00-7:00 p.m.	Benicia		Southern Solano Alano Club	960 Grant St., Suite B	CA1484
Tues	6:00-7:15 p.m.	Vallejo		Kaiser C.D.R.P. Building	800 Sereno Drive, First Floor, Room E	CA1265
Thur	5:30-6:30 p.m.	Vacaville		Kaiser Medical Office Building	1 Quality Drive, Conference Room 1	CA1359
Thur	7:30-9:00 p.m.	Napa	S Sp T	Napa County HHS Complex	2751 Napa Valley Corporate Dr., Oak Conference Rm.	CA898

Sonoma County			To volunteer to be a Sonoma County contact, notify webmaster, email at bottom			
Sun	7:30-9:00 p.m.	Santa Rosa		First United Methodist Church	1551 Montgomery Drive, Chapel (next to restrooms)	CA080
Mon	9:15-10:00 a.m.	Sonoma	Sp T	Vintage House	264 First St., Room 106	CA1251
Mon	6:30-8:00 p.m.	Sebastopol	W F	Community Church of Sebastopol	1000 Gravenstein Highway North (Highway 116)	CA1044
Mon	7:00-8:30 p.m.	Petaluma	S	Elim Lutheran Church	504 Baker St.(cr. Western Ave.), main church, upstairs	CA1481
Tues	7:30-8:45 p.m.	Petaluma	R	Elim Lutheran Church	504 Baker St.(cross Western Ave.), in the main church	CA459
Wed	7:00-8:30 p.m.	Santa Rosa	R	Universalist Unitarian Congregation	547 Mendocino Ave., Room 2 at rear (Meadow rm.)	CA404
Fri	6:30-8:00 p.m.	Sebastopol	W S	Community Church of Sebastopol	1000 Gravenstein Highway N. (Highway 116), Rm. 4	CA1274 X
Sat	10:30 a.m.-Noon	Santa Rosa		ReStyle Marketplace	1001 W. College Avenue, ArtStyle room	CA753

Meetings in nearby counties						
Wed	7:15-8:30 p.m.	Modesto		McHenry Village Health Conf. Center	1700 McHenry Avenue (info call Michael 209/575-4596)	CA941

C=Clean&Sober Cos=Cosponsorship focus F=Fragrance-free G=Gay HI=Hospitals & Institutions L=Lesbian LGBT= Lesbian,Gay,Bisexual,Transsexual Ls=Literature Study M=Men's N=format explicitly accommodates Newcomers R=rotoating format S=Step Study Sp=Speaker Teen=13-19 yrs. only T=Topic Discussion W=Women's Wc=Wheelchair #=focus on sponsorship. Unless otherwise indicated, all meetings welcome Newcomers All meetings are presumed to be Non-Smoking.

"+" = addition "X" = change/correction "!" = not weekly "*" = attendance low

"*?" = active status in question, please email articulatedgrunt@yahoo.com with up-to-date information