

Updated March 31, 2020

CoDA Phone Meeting Name	Day of Week	Time	Dial-in Phone Number
Healthy Boundaries	Sunday	7am PT	712.775.7465 Access code: 256636#
In this moment, Daily Meditation Book Group	Sunday	10am PT	712.770.4160 access code: 573762#
Sunday Step Study	Sunday	12:30pm PT	712.770.4160 access code 475271#
Safe on Sunday	Sunday	5pm PT	712.432.8808 access code 2221212#
Show Up To Participate and Save Your Life	Sunday	7pm PT	712.432.8808, access code 2221212#
M-F CoDA Literature Phone Meeting	Monday	6:30am PT	712.770.4160 access code 475271#
In this moment, Daily Meditation Book Group	Monday	10am PT	Phone: 712.770.4160 573762#
Monday Step Study With Traditions And Concepts	Monday	12-noon PT	605.475.4350 access code 317531#
Parenting With Serenity	Monday	2:30pm PT	712.770.4160 access code 475271#
Steps 1-4 for Newcomers	Monday	4pm PT	International Phone: 563-999-2377 Access Code: 211022#
Recovery Works - Beginners	Monday	6pm PT	605-313-5149 access code 226182#
Serenity On Monday CoDA Participation	Monday	7pm PT	712.432.8808, access code 2221212#
M-F CoDA Literature Phone Meeting	Tuesday	6:30am PT	712.770.4160 access code 475271#
In this moment, Daily Meditation Book Group	Tuesday	10am PT	Phone: 712.770.4160 573762#
Courage to Change	Tuesday	5pm PT	712.432.8808, access code 2221212#
Recovery Works - CoDA Connections	Tuesday	6pm PT	605-313-5149 access code 226182#
7:30am ET CoDA Patterns and characteristics	Wednesday	4:30am PT	605.468.8874, Access 373697#
M-F CoDA Literature Phone Meeting	Wednesday	6:30am PT	712.770.4160 access code 475271#
In this moment, Daily Meditation Book Group	Wednesday	10am PT	Phone: 712.770.4160 573762#
Recovery Works - CoDA Literature Study	Wednesday	6pm PT	605-313-5149 access code 226182#
Come Together	Wednesday	7pm PT	712.432.8808 access code: 2221212#
M-F CoDA Literature Phone Meeting	Thursday	6:30am PT	712.770.4160 access code 475271#
Healthy Boundaries	Thursday	7am PT	Phone: 712.775.7465 Access code: 256636#
In this moment, Daily Meditation Book Group	Thursday	10am PT	Phone: 712.770.4160 573762#
CoDA 12-Step Meeting	Thursday	5pm PT	712.432.8808 access code: 2221212#
Recovery Works - CoDA Step Study Review	Thursday	6pm PT	605-313-5149 access code 226182#
Nightly Codependency and Dysfunctional Families	Thursday	6pm PT	712.432.8808 access code: 2221212#

M-F CoDA Literature Phone Meeting	Friday	6:30am PT	712.770.4160 access code 475271#
Healthy Boundaries	Friday	7am PT	Phone: 712.775.7465 Access code: 256636#
11th Step Guidance	Friday	8am PT	(605) 313-5111 Access code 756431#
In this moment, Daily Meditation Book Group	Friday	10am PT	Phone: 712.770.4160 573762#
Growing Up Codependent	Friday	5pm PT	712.432.8808, access code 2221212#
Recovery Works - Self Parenting	Friday	6pm PT	605-313-5149 access code 226182#
Come As You Are	Friday	6pm PT	712.432.8808, access code 2221212#
Healthy Boundaries	Saturday	7am PT	Phone: 712.775.7465 Access code: 256636#
Saturday Morning check-in/checkup Open Discussion	Saturday	7:30am PT	712.770.4160 Access PIN: 475271#
In this moment, Daily Meditation Book Group	Saturday	10am PT	Phone: 712.770.4160 573762#
CoDA Telephone	Saturday	11:30am PT	Phone: 712.770.4160 access code: 475271#