

In person meetings are suspended due to COVID-19 social distancing rules, visit sfbaycoda.net for information on meetings via phone/zoom

Next BACI Meetings: 13 September, 11 October (virtual until further notice)

All in CoDA are invited to join us at the Bay Area CoDA Intergroup (BACI). We begin our meeting with short shares, then proceed together to work the 12th Step: keeping CoDA running, and striving to carry the message to all codependents who still suffer alone. The BACI normally meets on the 2nd Sunday of each month (first Sunday in November, no meeting in May), 10 a.m. (lasts upto 2 hours) at Kaiser Oakland Medical Center, 3600 Broadway, Oakland 94611, Lower Level, Conference Room F. **(No in-person meeting, only virtual until further notice, for joining information email: articulatedgrunt@yahoo.com)**

STAY UP-TO-DATE -- get the latest meeting list at: www.sfbaycoda.net/MeetingList.pdf
or send a self-addressed stamped envelope to:
Meeting List, 547 Mangels Avenue, San Francisco, CA 94127

Please provide updated information for this list by emailing: articulatedgrunt@yahoo.com.

CoDA services are funded by meeting contributions in excess of prudent reserves; we suggest this distribution:
60% Bay Area CoDA Intergroup (BACI), 1 Weatherly Drive, Apt.#105, Mill Valley, CA 94941
30% Northern California CoDA, 1800 21st Street, PMB-230, Sacramento, CA 95811-6812
10% Co-Dependents Anonymous, Inc., P.O. Box 33577, Phoenix, AZ 85067

Bay Area CoDA website: www.sfbaycoda.net (Conference info/registration, latest monthly meeting list available)
Bay Area CoDA Information Line / Voicemail: 415/905-6331 (to leave meeting change info, press #)
Computer Voicemail: 408/872-0733 (complete meetings list info)
For CoDA literature contact: John Y. 415/386-3091; email: yavorskyjohn@yahoo.com
BACI Treasurer: Kati 775/720-7534; email: tahoekati@aol.com
Para Informacion en Espanol: Paty 408/401-1405
Northern California (Nor-Cal) CoDA: www.norcalcoda.org
World CoDA website with meeting information and more: www.coda.org
World CoDA toll free lines staffed by volunteers: English 888/444-2359, Spanish 888/444-2379

Alameda County		Meeting information: 408/872-0733		For more info, call Laura at 925/683-8612	
Sun	6:00-7:30 p.m.	Oakland	W Tr N	First Congregational Church	2501 Harrison, Angel Room, blue door from prkng lot CA0494
Mon	6:00-7:30p.m.	Oakland	Cos	Kaiser Oakland Medical Center	3600 Broadway, Lower Level, Room C CA1237
? Mon	6:00-7:15 p.m.	Oakland	W	Kaiser Medical Office Building	3701 Broadway, 2 nd floor, Physical Therapy room CA0998
Mon	7:00-8:00 p.m.	Fremont	N F	Washington Hospital West	2500 Mowry Ave., 1 st floor, Auditorium C CA0986
Mon	7:00-8:00 p.m.	Livermore		CrossWinds Church	1660 Fresiman Road. Classroom 4 (Ages 16+) CA1498
* Tues	Noon-1:00 p.m.	Oakland	Ls	Kaiser CDRP	380 West MacArthur Blvd., Room 3 CA1161
Tues	6:00-7:15 p.m.	Oakland		Kaiser Fabiola Building	3801 Howe St., Room G-70 CA0272
Thur	9:30-10:45 a.m.	Oakland	S	Kaiser CDRP (don't use parking lot)	380 West MacArthur Blvd., Room 3 CA1102
Thur	6:00-7:15 p.m.	Oakland	M	Kaiser Fabiola Building	3801 Howe St., Room G-70 CA1298
Thurs	6:30-8:00 p.m.	San Leandro		(Spanish)First United Methodist Church	1600 Bancroft Avenue CA1216
Fri	6:00-7:15 p.m.	Oakland		Kaiser Fabiola Building	3801 Howe St., Room G-70 CA0754
Sat	9:30-10:45 a.m.	Oakland	W S	Kaiser Fabiola Building	3801 Howe St., Room G-70 CA1476
Contra Costa County		Meeting information: 408/872-0733		For more info, call Laura at 925/683-8612	
Sun	8:00-9:30 a.m.	Walnut Creek	S N	John Muir Medical Center	1601 Ygnacio Valley Rd., Ball Auditorium CA0911
Mon	5:30-6:30 p.m.	Walnut Creek	WNSLs	St. Paul's Episcopal Church	1924 Trinity Ave., St. Paul's FMC Nursery CA1360
Tues	9:00-10:00 a.m.	Walnut Creek	W S N	Hillside Covenant Church	2060 Magnolia Way (off Newell) CA0893
Wed	7:00-8:30 p.m.	Walnut Creek	N	Kaiser Office Bldg., Room 3C	710 S. Broadway (next to Safeway) CA0185
Wed	7:00-8:00 p.m.	El Sobrante		Hope Lutheran Church	2830 May Road CA1005
Fri	9:30-10:45 a.m.	Walnut Creek	W S F	Hillside Covenant Church	2060 Magnolia Way (off Newell) CA1173
Fri	6:30-8:00 p.m.	Concord		John Muir Behavioral Health	2740 Grant St., Classroom B (Suite 2) CA0199

Marin County			Meeting information: 408/872-0733		For more info, call Teri: 415-531-3019	
Sun	6:00-7:00 p.m.	Corte Madera	W C F	Holy Innocents Episcopal Church	2 Tamalpais Drive (in the Library)	CA1437
Tues	6:00-7:00 p.m.	Tiburon	Ls	Congregation Kol Shofar	215 Blackfield Drive	CA1472
*Wed	8:00-9:00 a.m.	Larkspur		Redwoods Presbyterian Church	110 Magnolia Ave, downstairs in Conference Room	CA380
Thur	7:15-8:15 p.m.	San Rafael		First Presbyterian Church	1510 5 th Avenue, enter from stairs on Mission Avenue)	CA1313
Sat	10:00-11:00 a.m.	Larkspur	S	Redwoods Presbyterian Church	110 Magnolia Ave., downstairs in Conference Room	CA1371

San Francisco County			Meeting information: 408/872-0733		For info/changes, call Martin: 415/469-9733	
Sun	10:00-11:30 a.m.	San Francisco	F Ls	San Francisco Gratitude Center	1320 Seventh Avenue (between Judah & Irving)	CA0698
Mon	7:30-9:00 p.m.	San Francisco	NR#	Laguna Honda Hospital (Frst Hill Muni)	375 Laguna Honda, New Pavilion, Level 1, Art Studio	CA0026
Wed	6:30-7:45 p.m.	San Francisco	F R	Dolores Park Church	65 Dorland Street, Third floor	CA0692
Wed	5:45-6:45 p.m.	San Francisco	S	CPMC Mission Bernal Hospital	3555 Cesar Chavez Street, Conference Room 2910	CA1413
Wed	7:30-8:30 p.m.	San Francisco	F N R	Marina Dry Dock	2118 Greenwich (at Fillmore)	CA????
Fri	7:00-8:15 p.m.	San Francisco	LGBT	Castro Country Club (fragrance-free)	4058 18 th Street (All orientations are welcome)	CA0989
Sat	7:30-8:30 a.m.	Zoom only	W	Zoom: +1-669-900-6833	Meeting ID: 297 173 3783 Password: W1M5C9	*****
Sat	4:45-5:45 p.m.	San Francisco	F N R	Marina Dry Dock	2118 Greenwich (at Fillmore)	CA1008
! Wkend	By arrangement	San Francisco		Ocean Beach bonfire	http://health.groups.yahoo.com/group/coda_bonfire	*****

San Mateo County			Meeting info: 408/872-0733			
For individual meeting informatioin visit: www.sbcoda.org						

Santa Clara County			Meeting info: 408/872-0733		For changes, Barbara: bobbiesmail1982@gmail.com	
For individual meeting informatioin visit: www.sbcoda.org						

Santa Cruz & Monterey Counties			Meeting info: (Santa Cruz) 831/469-6096 (Monterey) Bob W. 831-224-5411			
Mon	6:00-6:50 p.m.	Santa Cruz	HI Wc	Westside Chapel	707 Fair Avenue	CA0992
Mon	-----	-----	---	---- May resume in future -----	-----	CA0073
Wed	7:00-8:30 p.m.	Santa Cruz		County Complex, Building F	1060 Emeline St., Solarium (enter from downhill side)	CA0024
Thur	5:30-6:30 p.m.	Watsonville		Lutheran Community Church	95 Alta Vista Avenue, Adam Dan Hall (in back)	CA1387
Thur	7:30-8:30 p.m.	Monterey	W R F	St. James Episcopal Church	381 High St., McGowan House, High St. entr., upstairs	CA1388
Sat	5:00-6:00 p.m.	Santa Cruz		Palo Alto Medical Foundation	Main Clinic, Urgent Care Ctr., 2 nd fl., 2025 Soquel Ave.	CA1540
Sat	8:00-9:30 p.m.	Santa Cruz	S	Seabright State Beach (June -Aug. only)	From end of 3rd Ave. walk down steps, near windsock	CA1117

Solano & Napa Counties			Meeting info: 408/872-0733		Kay O. 707-253-8731	
Sun	5:30-6:30 p.m.	Benicia		Southern Solano Alano Club	960 Grant St., Suite B	CA1517
Mon	7:00-8:30 p.m.	Vallejo	S Wc	Kaiser Broadway Clinic	1761 Broadway, Room 6	CA1062
Tues	6:00-7:00 p.m.	Benicia		Southern Solano Alano Club	960 Grant St., Suite B	CA1484
Wed	7:00-8:15 p.m.	Vallejo		Kaiser C.D.R.P. Building	800 Sereno Drive, First Floor, Room J	CA1265
Thur	5:30-6:30 p.m.	Vacaville		Kaiser Medical Office Building	1 Quality Drive, Conference Room 1	CA1359
Thur	-----	-----	---	-----	-----	CA0898

Sonoma County			Meeting info: 408/872-0733		For more info, call Anna 707-360-8170	
Sun	6:00-7:00 p.m.	Santa Rosa	F P	Church of the Roses	2500 Patio Court (fragrance-free!, no kids under 13)	CA1507
Mon	9:15-10:00 a.m.	Sonoma	Sp T	Vintage House	264 First Street East (no meeting here on holidays)	CA1251
Mon	6:30-8:00 p.m.	Sebastopol	W F	Community Church of Sebastopol	1000 Gravenstein Highway North (Highway 116)	CA1044
Mon	7:00-8:30 p.m.	Petaluma	S	Elim Lutheran Church	504 Baker St.(cr. Western Ave.), main church, upstairs	CA1481
Tues	7:30-8:45 p.m.	Petaluma.	R	Elim Lutheran Church	504 Baker St.(cross Western Ave.), in the main church	CA0459
Wed	7:00-8:30 p.m.	Santa Rosa	R	Universalist Unitariran Congregation	547 Mendocino Ave., Room 2 at rear (Meadow rm.)	CA0404
Fri	6:30-8:00 p.m.	Sebastopol	W S	Community Church of Sebastopol	1000 Gravenstein Highway N. (Highway 116), Rm. 4	CA1274
Sat	10:30 a.m.-Noon	Santa Rosa		ReStyle Marketplace	1001 W. College Avenue, ArtStyle room	CA0753

Meetings in nearby counties						
Wed	7:15-8:30 p.m.	Modesto		McHenry Village Health Conf. Center	1700 McHenry Avenue (info call Michael 209/575-4596)	CA0941
Thur	6:30-8:00 p.m.	Hidden Valley Lake	S	HVLCommunity Service District	19400 Hartmann Road	CA1493
Sat	9:00-10:15 a.m.	Tracy	S	WorkVine209 (The old outlets)	1005 East Pescadero Ave., Unit 167	CA1539

C=Clean&Sober Cos=Cosponsorship focus F=Fragrance-free G=Gay HI=Hospitals & Institutions L=Lesbian LGBT= Lesbian,Gay,Bisexual,Transgender Ls=Literature Study M=Men's N=format explicitly accommodates newcomers P=no pets except licensed service dogs R=rotating format S=Step Study Sp=Speaker T=Topic Discussion Tn=Teen Tr=Transgender included W=Women's Wc=Wheelchair #=#focus on sponsorship. Unless otherwise indicated, all meetings welcome Newcomers
All meetings are presumed to be Non-Smoking.

"+" = addition "X" = change/correction "!" = not weekly "*" = attendance low
"??" = active status in question, please email articulatedgrunt@yahoo.com with up-to-date information